

## Trainingsessions World Cup 2023

Tuesday 4th April 2023

	National Federation	# teams	Floor 1 1 hour		Floor 2 1 hour	
			IN	OUT	IN	OUT
Group 1	GEO	2	9:30:00	10:30:00	10:30:00	11:30:00
Group 2	USA	4	11:30:00	12:30:00	12:30:00	13:30:00
Group 3	ISR	3	12:30:00	13:30:00	13:30:00	14:30:00
Group 4	POR	7	13:30:00	14:30:00	14:30:00	15:30:00
Group 5	AUT	3	14:30:00	15:30:00	15:30:00	16:30:00
Group 6	UKR	3	16:00:00	17:00:00	17:00:00	18:00:00
Group 7	GBR	4	16:30:00	17:30:00	17:30:00	18:30:00
Group 8	AZE	2	17:00:00	18:00:00	18:00:00	19:00:00
Group 9	KAZ	5	17:00:00	18:00:00	18:00:00	19:00:00
Group 10	GER	5	18:00:00	19:00:00	19:00:00	20:00:00
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Wednesday 5th April 2023

	National Federation	# teams	General Warm-up 30 min		Warm-up - Floor 1 7,5 min/team		Podium training - Competition Floor 7,5 min/team	
			IN	OUT	IN	OUT	IN	OUT
Group 1	POR (7)	7	9:30:00	10:00:00	10:00:00	10:52:30	10:52:30	11:45:00
Group 2	GBR (5) - AZE (1)	6	10:30:00	11:00:00	11:00:00	11:45:00	11:45:00	12:30:00
Group 3	USA (4) - GEO (2)	6	11:15:00	11:45:00	11:45:00	12:30:00	12:30:00	13:15:00
Group 4	AUT (3) - ISR (3)	6	12:00:00	12:30:00	12:30:00	13:15:00	13:15:00	14:00:00
Group 5	UKR (3) - IRL (3)	6	12:45:00	13:15:00	13:15:00	14:00:00	14:00:00	14:45:00
Group 6	GER (5) - BEL (1)	6	13:30:00	14:00:00	14:00:00	14:45:00	14:45:00	15:30:00
Group 7	KAZ	5	14:22:30	14:52:30	14:52:30	15:30:00	15:30:00	15:30:00
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